

Behavioral and Social Science Division  
Psychology/Sociology Department  
Associate of Arts  
Program Review  
2016

Eastern Oklahoma State College  
Wilburton, Oklahoma

Prepared for  
Oklahoma State Regents for Higher Learning  
500 Education Building, State Capitol Complex  
Oklahoma City, Oklahoma 73105

## **REVIEW PROCESS**

Marilynn Duncan reviewed the Psychology/Sociology Department as guided by the Associate of Arts/Science Self-Study supplied by the Academic Dean. The procedure involved gathering information from the Eastern Oklahoma State College Academic Plan, the Eastern Oklahoma State College Catalog, the Office of Academic Affairs, the Office of the Registrar, and the Eastern Oklahoma State College Library.

## **NAME OF PROGRAM**

Psychology/Sociology

Degree: Associate of Arts in Psychology/Sociology

Program Code: 042

Hegis Code: 2001

Cip Code: 429999

## **CENTRALITY OF THE PROGRAM TO THE INSTITUTIONAL MISSION**

The Psychology/Sociology Department of Eastern is open to input from all segments of the institution and the community by trying to offer courses that will assist in meeting the demands of other programs on campus or off campus. The department is not only involved in the academic aspects, but also in assisting with numerous community projects. This is a field of study that relates directly with the people of our society, individuals and groups, and the students can develop a better understanding and a sound philosophy of life by getting involved.

The curriculum for the students who major in Psychology/Sociology consists of basically freshmen and sophomore level courses. Students completing this major may wish to further their education by pursuing a four-year degree or beyond to acquire a professional position. The Psychology/Sociology curriculum should enable any student to enter and succeed in a four-year college or university with a major(s) in these fields.

The Psychology/Sociology department offers day, evening, on-line, and short-term courses designed to enrich the community with knowledge and understanding of many aspects of everyday life (Child Psychology, Development Psychology, Drug Education, Marriage and Family, Abuse, Social Influences and Social Problems). The Psychology/Sociology department also offers a complete on-line degree in the mayor field of study.

## **TYPE OF DEGREE**

Associate of Arts

## **GOALS AND OBJECTIVES**

### **GOALS**

Students successfully completing the Psychology/Sociology degree plan at Eastern should be prepared to enter a four-year college or university at the junior level and be competitive with fellow students in the area of psychology and sociology or other social science programs.

Students successfully completing the psychological and sociological studies here at Eastern Oklahoma State College should have a relatively high competency level, upon completion of this program, in the following general areas:

1. Ability to take notes and organize information.
2. The use of surveys and case studies in developing our understanding of behavior.
3. The use of naturalistic observation research methods and its limitations.
4. Reading comprehension.
5. What does it mean when we speak of the mental process of effect and cognition.
6. The importance and uses of experimentation.
7. Differences in viewpoints of various psychologists and sociologists.
8. Some of the major ethical issues involved in doing research.
9. Maintaining an open mind in regard to all facets of education and understanding of behavior.
10. Looking beyond their text and this course for more information about the psychological and sociological aspects of life.

### **OBJECTIVES**

1. To review the contributions of the early psychologist and sociologist and their schools of thought on what psychology and sociology was and should be.
2. To help students learn and appreciate how this history contributed to its' developing into the science it is today.
3. To describe and illustrate this fields' perspective or particular ways of looking at phenomena.
4. For the students to become more aware of their own feelings, responses, and ways of experiencing and acting.
5. For the students to reflect more effectively to other people.
6. To encourage all students to express themselves and to convey to other students that minority opinions should be respected.
7. To understand major goals of psychology and sociology and their implications.
8. To understand the different parts and functions of the brain and how they share neural information.
9. To understand the main structural features and functions of the Nervous System.
10. To understand the process of learning and memory.

11. To understand the behavioral views of Freud, Watson, Pavlov, Skinner, Dollard and Miller, Bandura, Jung and Erickson as these relate to the concept of personality.
12. To learn to base one's own thinking on the best evidence available and to avoid emotional reactions, misinformation and superstition in dealing with psychological and sociological issues.

## **PSYCHOLOGY/SOCIOLOGY FACULTY AND QUALIFICATIONS**

Marilynn Duncan	Full-time instructor in Psychology/Sociology, Behavioral and Social Science Division Dean. M.ED. 1974, Northeastern State University. Employed at Eastern since 1975.
Carolyn Howell	Masters in Social Work 2002, Stephen Austin. Employed at Idabel since 2006. (Adjunct)
Susan Spencer	M.A. 1992, Oklahoma University. Employed at Idabel since 1993. (Adjunct)
Kathy Tackett	Adjunct instructor in Psychology/Sociology. M.S. 1982, Northeastern State University. Employed at Eastern since 1989.
Carolyn White	M.ED./Counseling 1979, Southeastern Oklahoma State University. Employed at Idabel since 2008. (Adjunct)
Cheryl Wood-Myers	Full-time instructor in Child Development, Psychology and Sociology, Department Chair of Child Development. M.S. 1990, Northeastern State University. Employed at Eastern since 2008.

## **DEMAND FOR PROGRAM**

The majors of this program use this degree to move into various areas of professional Endeavors. Early Child Development, secondary education, college teaching, counseling— In the hospital, private, educational, and social services settings—are a few of the more popular areas of pursuits.

This program also offers courses that are required for other programs outside this field of Study, such as in satisfying requirements for the Nursing program, the Criminal Justice Program, and the Child Development Program. Most other programs on campus also utilize these courses to satisfy liberal arts credits required within the general education section of their degree plan.

## **RESOURCES**

- A. **Financial Support:** An annual budget is prepared to meet the financial requirements of the Psychology/Sociology program. This budget is scrutinized by Eastern's administrative officers, and a budget is given to the faculty for their use in teaching students in this program of study. This budget is used for supplies, equipment, telephone, and photocopy expenses. The primary source of this budget is through state funds and tuition fees.
- B. **Library Collection:** Eastern's library contains a number of books, newspapers, periodicals and videos pertaining to the social science areas. These books, newspapers, periodicals and videos cover general and specific concepts relative to all aspects of our everyday life. The use of computers has also been an excellent tool to assist students in modern day research.
- C. **Equipment:** Equipment used in the Psychology/Sociology program includes: computers, videos, slides, over-head projectors, charts, models, etc.
- D. **Support Services:** Support services include: Physical plant, custodial, office of public information, office of prospective students, counselors, food services, financial aid, student support services/tutoring, business office, academic affairs, and the office of the vice-president and president.
- E. **Technology:** Our program, along with others, is facing various needs in the area of technology. We are presently using multi-media presentations to supplement classroom instruction. We are also offering courses by interactive television to three branch campuses and numerous high schools. We have also greatly extended our teaching of on-line classes, including offering on-line degrees.

## **PROGRAM UNIQUENESS**

The Psychology/Sociology program attempts to make the study of human behavior one of the most fascinating, inspiring, and important programs imaginable by making learning both challenging and fun. We encourage the students to try to become more aware of and understand not only their feelings and behaviors but also that of others. Also stressed is the fact that theories and impressions should be based on facts and objectivity, not on personal biases. Students are encouraged to study specific areas to include: General Psychology—human behavior; Child Psychology—behavior from conception to adolescence; Personality Theories—basic needs, emotions, control and relationship to physical and mental health; Sociology—nature and origin of man's cultural heritage; Social Problems—major social problems that confront the community today; and Marriage and the Family—intimate relationships that affect both individuals and society. Some of these courses also support other majors as requirements for their program.

## **INSTITUTIONAL COST**

The approximate cost of instruction of the Psychology/Sociology majors enrolled in the specialized courses is \$3,158 per FTE.

## **FACULTY/STUDENT RATIO**

The faculty/student ratio in the Psychology/Sociology area is approximately 1/28.

## **SPECIAL SERVICES PROVIDED TO THE STUDENTS AND/OR COMMUNITY**

General information is given to the students on various fields of study in the Psychology/Sociology program. They are also given brief descriptions of work-related jobs. Information is given to individuals regarding where additional information or other types of assistance could be found.

## **MAJORS IN PSYCHOLOGY/SOCIOLOGY AREA**

The following table indicates the number of majors over the past three years:

<b><u>Year</u></b>	<b><u>Head Count</u></b>
Fall 2014	91
Fall 2015	91
Fall 2016	90

## **SIZE OF SPECIALIZED CLASSES**

The following table reflects the size of specialized classes during the last five years.

<b>COURSE #</b>	<b>COURSE NAME</b>	<b>STUDENT COUNT</b>		
		2013-2014	2014-2015	2015-2016
PSY 1113	Introduction to Psychology	517	415	486
PSY 1123	Psychology of Aging	0	0	3
PSY 1143	Psychology of Personal Adjustment	45	33	29
PSY 2013	Developmental Psychology	143	115	149
PSY 2113	Child Psychology	63	61	57
PSY 2123	Personality Theories	99	8	26
SOC 1313	Drug Education	32	47	51

SOC 1113	Introduction to Sociology	404	319	234
SOC 1213	Marriage and the Family	36	76	58
SOC 2113	Social Problems	74	34	27
SOC 2123	Social Psychology	0	19	33
SOC 2213	Crime and Delinquency	82	35	0

### **FACULTY EQUIVALENCY**

There are 4 full-time equivalent instructors in the major courses of Psychology/Sociology.

### **METHOD AND FREQUENCY OF CURRICULUM REVIEW AND EVALUATION**

Curriculum review and evaluation takes place on a yearly basis through the combined efforts of the Psychology/Sociology Department members, the Social Science Division chairperson and the Dean of Academic Affairs. Courses are checked to see if they are in line with four-year institutions, and if changes are needed, they are made through the recommendation of the C-CAP committee and the academic dean's office.

### **METHOD AND PROCEDURES FOR MEASURING PROGRAM OBJECTIVES AND OUTCOMES**

The method used currently for measuring success of the program's objectives and outcomes is the success of the students as reflected in their grades and success after leaving Eastern Oklahoma State College. This information is gathered by the Placement Office and personal contact is made with former students. Pre-test and Post-test are also administered to students.

### **NUMBER OF GRADUATES**

2014 – 20  
2015 – 18  
2016 – 16

## **NUMBER OF CREDIT HOURS**

In Program – 64  
Major Area – 18

General Education – 42  
Supporting/Electives – 2-4

## **FOLLOW-UP PROCEDURES**

All alumni of Eastern are asked to fill out a questionnaire which has information on their jobs, salaries and success after leaving Eastern Oklahoma State College.

Many students also keep in contact with the former instructors of Eastern and we can get updated information in their transfer school progress and/or work success.

## **INSTITUTIONAL PROGRAM RECOMMENDATIONS**

The greatest strength of the program is that Psychology and Sociology are both classes in learning to relate with people. In our everyday encounters, we will be in contact with people of various cultures and backgrounds. These courses are dedicated to the study of how and why people, individuals and groups alike, behave the way they do. It combines the goals of the physical sciences, the social sciences, and the humanities under one name; the subject matter is a mix of these diverse areas. Psychology can give you tools to help others.

Eastern's Psychology/Sociology department faculty strives to give the students the basic tools by making quality instruction a top priority as stated in the mission and goals. Since Psychology and Sociology are fields of study that are constantly changing, the instructors try to keep updated with new and current information in their teachings. And as always, the instructors try to stimulate and motivate the students to think and express themselves beyond their text; and learn and understand that everyone may not think, feel, or express themselves in the same manner.

There are more than one hundred majors in the Psychology/Sociology area with only two full-time faculty to do the academic advising which can create somewhat of a problem during pre-enrollment at times. The advisors usually like to schedule 15-20 minutes minimum per student for advising to be thorough in updating files, mainly check sheets for degree plan-and proper enrollment. This at times, can be very time consuming with these large numbers. Although with the addition of on-line enrollment by the students themselves, this process has shown some improvement. Another weakness has been the need for more instructors in the department to help with the teaching load. With the addition of more technology and On-line course offerings and budget cuts, this concern is of importance.



## **ADDITIONAL BUDGET REQUESTS TO ACCOMPLISH GOALS AND OBJECTIVES**

Field trips could also enhance learning, along with guest speakers or symposiums on campus that would not only benefit psychology/sociology majors, but also the entire campus. Maybe when the budget situation improves some of these things can be implemented.

Psychology/Sociology Department  
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Attachments Follow:

1. Degree Plan: Psychology/Sociology
2. Major Courses and Description

September 2016

## **Psychology/Sociology Course Descriptions**

### **PSYCHOLOGY**

**PSY 1113 INTRODUCTION TO PSYCHOLOGY** A survey of the major areas of study in Psychology such as motivation, learning, physiology, personality, social psychology, abnormal behavior, perception, memory, cognition/thought, and treatment. (Cr. 1, 2, 3, 4)

**PSY 1123 PSYCHOLOGY OF AGING** (Prerequisite: PSY 1113) Essentials of basic concepts of psychology as it relates to the older population on psychological issues such as personality and interpersonal relationships upon the successful delivery of services to the elderly. Same as AGING 1123. (Cr.3)

**PSY 1143 PSYCHOLOGY OF PERSONAL ADJUSTMENT** A study of concepts of a healthy personality including basic needs and drives, self structure, and promotion of a healthy personality. (Cr.3)

**PSY 2103 DEVELOPMENTAL PSYCHOLOGY** (Prerequisite: PSY 1113 or Nursing major) A theoretical and research- based course covering social, emotional, physical, and cognitive aspects of human development throughout the lifespan. (Cr.3)

**PSY 2113 CHILD PSYCHOLOGY** (Prerequisite: PSY 1113) the study of the behavior of the child from conception to adolescence. The impact of early parent-child relationships, the development of self-concept, and the influences of environmental factors are stressed. (Cr.3)

**PSY 2123 PERSONALITY THEORIES** (Prerequisite: PSY 1113) A psychological course examining personality processes and the various theoretical approaches to the study of personality such as psycho dynamic, behavioral, phenomenological, trait, and social learning theories. (Cr.3)

**PSY 2991, 2992, 2993, 2994 SPECIAL TOPICS** (Cr.1,2,3,4)

### **SOCIOLOGY**

**SOC 1312 DRUG EDUCATION** A course of information regarding pharmacological, physiological, and legal and cultural aspects relating to drug use, misuse and abuse that affect man. (Cr.2)

**SOC 1113 INTRODUCTION TO SOCIOLOGY** A study of the nature and origin of human culture heritage, human social nature, and the various forms of collective behavior. (Cr.3)

**SOC 1213 MARRIAGE AND THE FAMILY** Consideration of the courtship and marriage, developing readiness for marriage, initiating marriage roles, family finances and family living, and a study of major value themes in America culture. The family as a social institution and as a unit of interaction. (Cr.3)

**SOC 2113 SOCIAL PROBLEMS** Survey and analysis of human institutions and some of the major social problems that confront the community today. (Cr.3)

**SOC 2123 SOCIAL PSYCHOLOGY** The course will cover topics such as conformity, social influences, social cognition, pro-social behavior, prejudice, group processes, interpersonal attraction and social comparison. (Cr.3)

**SOC 2213 CRIME AND DELINQUENCY** (Prerequisite: SOC 1113) A study of the nature and causes of various forms of illegal activity. Emphasis is given to social factors that aid in developing and motivating deviant behavior. Also programs and agencies concerned with prevention and control of delinquency are discussed. (Cr.3)

**SOC 2991, 2992, 2993, 2994 SPECIAL TOPICS** (Cr. 1,2,3,4)